

# DEPARTMENT: COMMUNITY DEVELOPMENT PHYSICAL REQUIREMENTS: DEPUTY FIRE MARSHAL 1 AND 2 FIRE MARSHAL

#### Positions in this class typically require:

- Walking, bending, stooping and twisting.
- Reaching above and/or below shoulders.
- Handling/grasping documents for equipment.
- Sitting and/or standing for short or extended periods of time.
- Clear speaking and adequate hearing sufficient to communicate effectively and respond appropriately in-person, on the telephone, or using other electronic media.
- Hearing audible signals, traffic, equipment, warnings.
- Vision sufficient to drive a vehicle during daylight and nighttime hours, read source materials, plans and drawings, to read computer and similar screens and see detail or color.
- Repetitive motions for computer/tool/equipment use.
- Requires exertion of force of 50 pounds occasionally, 10 pounds frequently, and/or 5 pounds
  continuously to lift/carry/move objects, files/documents, and field equipment necessary to conduct
  inspections.
- May require climbing steps and ladders, traversing rough, slippery and / or uneven terrain on construction or other sites.
- Field inspections or evaluations may require extended periods of walking or standing, driving or riding in a passenger vehicle, keyboarding, looking up or down and handling small hand tools like flashlights and clipboards.
- Ability to occasionally fit into sometimes limited spaces like attics and crawl spaces.
- Ability to crawl, climb ladders or temporary scaffolding stoop, duck, kneel, twist, extend arms above head to accomplish required examinations; and, balance sufficient to traverse walkways, uneven or slippery surfaces, ascend and descend ladders and stairs.
- Exposure to a variety of weather conditions may occur while driving or conducting field work.
- May be exposed to physical hazards from obstacles, heavy equipment, construction materials, locations at, above or below grade, various airborne pollutants including smoke, heat and the byproducts of combustion at fire scenes, chemicals, heavy metals, spray paints, loud noises, and domestic animals.
- May require climbing steps and ladders, traversing rough, slippery and / or uneven terrain on construction or other sites.
- Requires daily contact with other individuals some of whom may not be compliant with applicable regulations.
- The ability to don and use bunker gear or similar physical protection, SCBA, head, hearing, foot, eye, respiratory and fall protection (as needed) PPE is required.
- Ability to work in an open office environment.

#### Incumbents may be:

• Exposed to individuals in stressful situations who may not be stable (physically or mentally) or who may become uncooperative or combative at fire and emergency scenes or during investigations.



Employee I	Name:	

### PHYSICAL AND MENTAL DEMANDS

PHYSICAL AND MI PHYSICAL Activity	Never 0%	Inter. 1–10%	Occas. 11-33%	Freq. 34-66%	Cont. 67+%	Further Description
Activity	0 /0	1-10/6	11-33 /6		01 + 70	Inspection of buildings
1. Walking				X		
1. Walking						Climb/decend ladders,
2. Balance			X			stairs, or rough, undeveloped terrain
	-	-	-	-	-	•
3. Lifting						Office/field equipment
0-10 lbs			X			"
11-20 lbs			X			
21-35 lbs		X				н
						Ш
36-50 lbs		X				ш
50 + lbs		X				
4. Carry	-	-	-	-	-	
•						Office/field equipment
0-10 lbs			X			н
11-20 lbs			Х			"
21-35 lbs		X				"
		V				"
36-50 lbs 5. Pushing/	_	X _	_	_	_	
Pulling						Office/field equipment
0-10 lbs			Х			
11-20 lbs			X			"
		.,				"
21-35 lbs		X				II .
36-50 lbs		X				0( )
6. Climbing				x		Stairs and ladders
		v				Lifting equipment
7. Twisting		Χ				



Employee Name:
----------------

PHYSICAL	Never	Inter.	Occas.	Freq.	Cont.	Further
Activity	0%	1–10%	11-33%	34-66%	67+%	Description
8. Reaching			Χ			Equipment and files
8. Reaching						
- U						Steering wheel and
9. Grasping			Χ			equipment
						Inspecting buildings
10.Stooping/			X			moposing sandings
Bending						
Bending						Driving and at the office
11. Sitting			X			Driving and at the office
12.See/Hear/			Α			
Speak	-	-	_	_	-	
Sees	<u> </u>					Doviouing codes
						Reviewing codes,
Detail				X		directions, plans, and
	<u> </u>					policies
Color						Maps, signs, or instructions
Discrim.				Х		
Visual						Display terminals
Displays				X		
Audible						Phones, traffic, and
Signals				X		warning signals
Oral						Supervisors, co-workers,
Direction				Χ		and the public
13. Working						
Cond/Exp.	-	-	_	_	-	
Uneven						Inspecting remote sites on
_				X		
Ground	<u> </u>			^		rough, undeveloped terrain
Work				\ \ \		
Outside	<u> </u>			Х		0.00
Work						Office
Inside			Χ			
High						Inspecting buildings
Elevations			Χ			
Moving						Traffic and heavy
Objects			Χ			equipment
Slippery						Field work
Surface			Χ			
						11
Wetness			Χ			
Temp.						п
Extremes		Χ				
Confined						Inspecting buildings
Spaces		X				
Special						Protective gear
Opedial	<u> </u>	<u> </u>	<u> </u>	İ		i rotootivo geal



Employee Name:
----------------

PHYSICAL	Never	Inter.	Occas.	Freq.	Cont.	Further
Activity	0%	1–10%	11-33%	34-66%	67+%	Description
Clothing		Χ				
						Automobile
Vibration			X			
Use of						N/A
Solvents	X					
Use of						Cleaning detergents
Detergent		Χ				
Chemical						Paints, pesticides, oils and
Contact		Χ				other household chemicals
Chemical						Smoke, noxious odors,
Vapors		Χ				fumes and chemicals
Dust or						Dirt and debris
Particles		Χ				
14. Standing			x			Alternates between
			^			standing and sitting
15. Squatting/		x				Investigating sites
kneeling		^				3 3
17. Crawling		Х				и
18. Foot Controls		Х				Driving
19. Hand			X			Equipment used for
Controls			^			inspections
20. Fine Finger		x				
Manipulation		^				
22. Proximity to						
mechanical	Х					
parts						
23. Noise		x				May be exposed to the
intensity		_ ^				sound of alarms
24. Explosives	Х					
25. Radiation	Х					
26. Electricity	Х					

## **SUMMARY DETERMINATION** (Please check appropriate item)

	Worker can fully perform the job with no restric	ctions as of the date below.
	Worker requires restrictions to perform the job Physician's Estimate of Physical Capacities.	. The restrictions are described on the
 Phys	ician Signature	Date



WASHINGTON	Port Orchard WA 98366	Employee Name:
ADDITIONA	L COMMENTS:	